



1-12 Bertha Torres  
1-16 Deepka Mehmi  
1-28 Chris Cooley



1-1-26 New Years Day  
1-5-26 School Resumes  
1-19-26 Martin Luther King Jr. Day



# YCUSD NUTRITION SERVICES NEWSLETTER

## JANUARY 2026



### NEW RECIPES N JANUARY

This January, we have introduced several new recipes. From comforting Tortilla Soup to delightful Happy Birthday Cake, these dishes are guaranteed to satisfy the appetites of the children we serve!

- 1-7-26 - Happy Birthday Cake
- 1-13-26 - Tortilla Soup
- 1-15-26 - Salisbury Steak & Rice
- 1-20-26 - Street Tacos
- 1-21-26 - Cheesy Sheet Pan Lasagna



Scan the QR Code to view the menus.



As we welcome the New Year, I want to thank each of you for your hard work, dedication, and commitment over the past year. Your efforts truly make a difference for our students and school community. Wishing you a healthy, happy, and successful New Year. I look forward to continuing our work together in the year ahead.



EAP Services

Welcome to EAP

Need help?  
Give EAP a try today.  
Call us at 800-999-7222. Or go to [anthemEAP.com](http://anthemEAP.com)  
and enter your company code: TCSIG  
You can also scan the QR Codes for more information.



### Celebrating Staff Changes in 2025

The year 2025 brought about exciting staff changes within our department. Let's take a moment to recognize the promotions and warmly welcome all our new hires!

#### New Hires in 2025

Deepka Mehmi - Cafeteria Worker at Butte Vista  
Amber Melani - Cafeteria Worker at Park Avenue  
Brennan Sargent - Cafeteria Worker at RVHS  
Meenu Herman - Cook Transport at YCHS  
Mianna King - Cafeteria Worker at YCHS  
Holly Marcy - Cafeteria Worker at YCHS  
John Meahan - Site Area Supervisor

#### Promotions in 2025

Eva Verduzco - Cook Transport at Andros Karperos  
Rajbir Bajwa - Cook Transport at Andros Karperos  
Rajvir Kaur - Cook Transport at Andros Karperos  
Kelvin Buschman - Cafeteria Manager at Barry School  
Mary Fisher - Cook Transport at Gray Avenue  
Michelle Walker - Lead Cook at Riverbend School

#### Do You Need a Food Handler's Permit?

Every individual working in the kitchen is required to possess a valid permit. To check your permit status or to arrange a time for renewal, please contact Ann or Katrina at (530) 822-5078.